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## PHYSICAL EDUCATION COURSE SUBSTITUTION REQUEST

To apply independent participation in a sport, dance or related activity as a substitute for one semester of PE, a student must submit written proof of the hours attended. To qualify, the activity must have prior approval from the school. The student must submit the following form signed by a supervisor of the activity verifying the total hours or a similar signed form verifying the exercise. **Four semesters (20 credits=144 hours)** are required to receive a High School Certificate of Completion or a High School Diploma.

1 semester=5 credits, 5 credits=36 hours, 4 semesters/20 credits=144 hours.

Total minimum hours needed: 144 Hours

Student: \_\_\_\_\_ DOB: \_\_\_\_\_

Activity: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone#: \_\_\_\_\_

Supervisor/Teacher/Coach: \_\_\_\_\_ (please print)

Hours per week engaged in activity: \_\_\_\_\_

Total hours participated in activity: \_\_\_\_\_

\_\_\_\_\_  
Supervisor, Teacher or Coach's Signature

\_\_\_\_\_  
Date